

| Hora inicio | nº | Evento   | (0) | (1) | (2) | (3)   | (4)     |
|-------------|----|--|-----|-----|-----|-------|---------|
| 7:30        |    | Entrega de pulseras y dorsales   |     |     |     | 30:00 | 0:30:00 |
| 8:00        |    | Marshalling pruebas 1/2 Km (Resto de pruebas 20' antes de su horario previsto) |     |     |     | 15:00 | 0:45:00 |
| 8:15        |    | Reunión técnica  |     |     |     | 30:00 | 1:15:00 |

(0) nº Inscritos (1) nº Series (2) Tiempo por Serie (3) Tiempo total prueba (4) Tiempo Acumulado

## Recorrido Zona 1

| 8:45 | 1 | 1 Km Femenino |   |   |       |       |         |
|------|---|---------------|---|---|-------|-------|---------|
|      |   | Todas         | 6 | 1 | 05:00 | 05:00 | 0:05:00 |

  

| 8:50 | 2 | 2 Km Femenino |    |   |       |       |         |
|------|---|---------------|----|---|-------|-------|---------|
|      |   | Todas         | 45 | 1 | 25:00 | 25:00 | 0:30:00 |
|      |   |               |    |   | 10:00 |       |         |

## Recorrido Zona 2

| 8:45 | 1 | 1 Km Masculino |    |   |       |       |         |
|------|---|----------------|----|---|-------|-------|---------|
|      |   | Todos          | 16 | 1 | 05:00 | 05:00 | 0:05:00 |

  

| 8:50 | 2 | 2 Km Masculino       |    |   |       |       |         |
|------|---|----------------------|----|---|-------|-------|---------|
|      |   | 30-34, 35-39 y 40-44 | 40 | 1 | 20:00 | 20:00 |         |
|      |   | 45-49                | 28 | 1 | 20:00 | 20:00 |         |
|      |   | 50-54 y 55-59        | 43 | 1 | 25:00 | 25:00 | 1:05:00 |
|      |   |                      |    |   | 10:00 |       |         |

## Zona única de sprint (salidas desde el mismo lateral)

| 9:30 | 3 | Sprint Femenino |    |                                     |   |       |       |
|------|---|-----------------|----|-------------------------------------|---|-------|-------|
|      |   | 45-49           | 14 | 2 semis de 7, pasan 5 a final de 10 | 2 | 05:00 | 10:00 |
|      |   | 50-54           | 27 | 3 semis de 9, pasan 4 a final de 12 | 3 | 05:00 | 15:00 |
|      |   | 55-59           | 14 | 2 semis de 7, pasan 5 a final 10+1  | 2 | 05:00 | 10:00 |
|      |   | 30-34           | 5  | Final de 12                         | 1 | 05:00 | 05:00 |
|      |   | 60-64           | 7  |                                     |   |       |       |
|      |   | 35-39           | 6  | Final de 12                         | 1 | 05:00 | 05:00 |
|      |   | 40-44           | 6  |                                     |   |       |       |
|      |   | 45-49           | 14 | Final de 10                         | 1 | 05:00 | 05:00 |
|      |   | 50-54           | 27 | Final de 12                         | 1 | 05:00 | 05:00 |
|      |   | 55-59           | 14 | Final de 11                         | 1 | 05:00 | 05:00 |
|      |   | 70 - 74         | 1  |                                     |   |       |       |
|      |   |                 |    |                                     |   | 10:00 |       |

| 9:45 | 3 | Sprint Masculino |    |  |   |       |         |
|------|---|------------------|----|--|---|-------|---------|
|      |   | 30-34            | 16 | 2 semis de 8, pasan 5 a final de 10          | 2 | 05:00 | 10:00   |
|      |   | 45-49            | 28 | 2 semis de 9 y 1 de 10, pasan 4 final de 12  | 3 | 05:00 | 15:00   |
|      |   | 50-54            | 20 | 2 semis de 10, pasan 5 a final de 10+1       | 2 | 05:00 | 10:00   |
|      |   | 55-59            | 23 | 2 semis de 8 y 1 de 7, pasan 4 a final de 12 | 3 | 05:00 | 15:00   |
|      |   | 35-39            | 6  | Final de 12                                  | 1 | 05:00 | 05:00   |
|      |   | 65-69            | 6  |  |   |       |         |
|      |   | 40-44            | 12 | Final de 12                                  | 1 | 05:00 | 05:00   |
|      |   | 60-64            | 11 | Final de 11                                  | 1 | 05:00 | 05:00   |
|      |   | 30-34            | 16 | Final de 10                                  | 1 | 05:00 | 05:00   |
|      |   | 45-49            | 28 | Final de 12                                  | 1 | 05:00 | 05:00   |
|      |   | 50-54            | 20 | Final de 11                                  | 1 | 05:00 | 05:00   |
|      |   | 70 - 74          | 1  |  |   |       |         |
|      |   | 55-59            | 23 | Final de 12                                  | 1 | 05:00 | 05:00   |
|      |   |                  |    |  |   | 10:00 | 1:25:00 |

| 10:40 | 4 | Relevo Sprint Femenino (de 3 competidores) |   |            |   |       |         |
|-------|---|--|---|------------|---|-------|---------|
|       |   | R3 - +90                                   | 1 | Final de 7 | 1 | 07:00 | 07:00   |
|       |   | R3 - +130                                  | 6 |            |   |       |         |
|       |   | R3 - +110                                  | 3 | Final de 7 | 1 | 07:00 | 07:00   |
|       |   | R3 - +170                                  | 4 |            |   |       |         |
|       |   | R3 - +150                                  | 9 | Final de 9 | 1 | 07:00 | 07:00   |
|       |   |  |   |            |   | 10:00 | 0:21:00 |

| 11:20 | 4 | Relevo Sprint Masculino (de 3 competidores) |    |             |   |       |         |
|-------|---|---|----|-------------|---|-------|---------|
|       |   | R3 - +90                                    | 2  | Final de 7  | 1 | 07:00 | 07:00   |
|       |   | R3 - +110                                   | 5  |             |   |       |         |
|       |   | R3 - +130                                   | 12 | Final de 12 | 1 | 07:00 | 07:00   |
|       |   | R3 - +150                                   | 12 | Final de 12 | 1 | 07:00 | 07:00   |
|       |   | R3 - +170                                   | 7  | Final de 7  | 1 | 07:00 | 07:00   |
|       |   |   |    |             |   | 10:00 | 0:28:00 |

## Zona de Agua 1, Pruebas Femeninas

| 11:11 | 5       | Ski Femenino |             |   |       |       |
|-------|---------|--------------|-------------|---|-------|-------|
|       | 30-34   | 7            | Final de 13 | 1 | 10:00 | 10:00 |
|       | 35-39   | 6            |             |   |       |       |
|       | 45-49   | 13           |             |   |       |       |
|       | 50-54   | 21           | Final de 21 | 1 | 10:00 | 10:00 |
|       | 40-44   | 5            | Final de 16 | 1 | 10:00 | 10:00 |
|       | 55-59   | 8            |             |   |       |       |
|       | 60-64   | 2            |             |   |       |       |
|       | 70 - 74 | 1            |             |   |       |       |
|       |         |              |             |   | 10:00 |       |

| 12:01 | 9         | Relevo Ski Femenino (de 3 competidores) |             |   |       |       |
|-------|-----------|---|-------------|---|-------|-------|
|       | R3 - +110 | 4                                       | Final de 14 | 1 | 30:00 | 30:00 |
|       | R3 - +130 | 5                                       |             |   |       |       |
|       | R3 - +150 | 5                                       |             |   |       |       |
|       |           |   |             |   | 10:00 |       |

| 12:41 | 6       | Nadar Surf Femenino |             |   |       |         |
|-------|---------|---------------------|-------------|---|-------|---------|
|       | 30-34   | 7                   | Final de 28 | 1 | 08:00 | 08:00   |
|       | 35-39   | 6                   |             |   |       |         |
|       | 45-49   | 15                  |             |   |       |         |
|       | 50-54   | 29                  | Final de 29 | 1 | 08:00 | 08:00   |
|       | 40-44   | 6                   | Final de 27 | 1 | 08:00 | 0:24:00 |
|       | 55-59   | 12                  |             |   |       |         |
|       | 60-64   | 8                   |             |   |       |         |
|       | 70 - 74 | 1                   |             |   |       |         |
|       |         |                     |             |   | 10:00 |         |

| 13:15 | 8       | Carrera con Tabla Femenina |                                     |   |       |       |
|-------|---------|----------------------------|-------------------------------------|---|-------|-------|
|       | 50-54   | 30                         | 2 semis de 15 pasan 8 a final de 16 | 2 | 10:00 | 20:00 |
|       | 30-34   | 7                          | Final de 15                         | 1 | 10:00 | 10:00 |
|       | 35-39   | 7                          |                                     |   |       |       |
|       | 70 - 74 | 1                          |                                     |   |       |       |
|       | 40-44   | 8                          | Final de 16                         | 1 | 10:00 | 10:00 |
|       | 60-64   | 8                          | Final de 16                         | 1 | 10:00 | 10:00 |
|       | 45-49   | 16                         |                                     |   |       |       |
|       | 55-59   | 13                         |                                     |   |       |       |
|       | 50-54   | 30                         |                                     |   |       |       |
|       |         |                            |                                     |   | 10:00 |       |

| 14:35 | 7     | Rescate con Tabla Femenino (2 competidores) |               |   |         |       |
|-------|-------|---|---------------|---|---------|-------|
|       | 30-34 | 5   | Final de 10 * | 1 | 15:00   | 15:00 |
|       | 40-44 | 5   |               |   |         |       |
|       | 35-39 | 3   | Final de 10 * | 1 | 15:00   | 15:00 |
|       | 45-49 | 7   |               |   |         |       |
|       | 50-54 | 8   | Final de 8    | 1 | 15:00   | 15:00 |
|       | 55-59 | 6   | Final de 7    | 1 | 15:00   | 15:00 |
|       | 60-64 | 1   |               |   |         |       |
|       |       |   |               |   | 1:00:00 |       |

15:35

Si es posible, una vez terminen los femeninos, distribuir las masculinas en las dos zonas

## Zona de Agua 2, Pruebas Masculinas

| 11:58 | 8       | Carrera con Tabla Masculina |  |   |       |         |
|-------|---------|-----------------------------|--|---|-------|---------|
|       | 45-49   | 29                          | 2 semis de 14/15 pasan 8 a final de 16 | 2 | 10:00 | 20:00   |
|       | 50-54   | 34                          | 2 semis de 17 pasan 8 a final de 16    | 2 | 10:00 | 20:00   |
|       | 55-59   | 28                          | 2 semis de 14 pasan 8 a final de 16    | 2 | 10:00 | 20:00   |
|       | 30-34   | 20                          | Final de 20                            | 1 | 10:00 | 10:00   |
|       | 35-39   | 10                          | Final de 15                            | 1 | 10:00 | 10:00   |
|       | 65-69   | 4                           |  |   |       |         |
|       | 70 - 74 | 1                           |  |   |       |         |
|       | 40-44   | 15                          | Final de 15                            | 1 | 10:00 | 10:00   |
|       | 45-49   | 29                          | Final de 16                            | 1 | 10:00 | 10:00   |
|       | 50-54   | 34                          | Final de 16                            | 1 | 10:00 | 10:00   |
|       | 55-59   | 28                          | Final de 16                            | 1 | 10:00 | 10:00   |
|       | 60-64   | 16                          | Final de 16                            | 1 | 10:00 | 10:00   |
|       |         |                             |  |   | 10:00 | 2:10:00 |

| 14:18 | 6       | Nadar Surf Masculino |             |   |       |         |
|-------|---------|----------------------|-------------|---|-------|---------|
|       | 30-34   | 20                   | Final de 28 | 1 | 08:00 | 08:00   |
|       | 35-39   | 8                    |             |   |       |         |
|       | 40-44   | 14                   |             |   |       |         |
|       | 60-64   | 13                   | Final de 28 | 1 | 08:00 | 08:00   |
|       | 70 - 74 | 1                    | Final de 28 | 1 | 08:00 | 08:00   |
|       | 45-49   | 23                   |             |   |       |         |
|       | 65-69   | 5                    |             |   |       |         |
|       | 50-54   | 27                   |             |   |       |         |
|       | 55-59   | 26                   | Final de 27 | 1 | 08:00 | 08:00   |
|       |         |                      | Final de 26 | 1 | 08:00 | 08:00   |
|       |         |                      |             |   | 10:00 | 0:40:00 |

| 15:08 | 5       | Ski Maculino |  |   |       |         |
|-------|---------|--------------|--|---|-------|---------|
|       | 50-54   | 29           | 2 semis de 10 y 1 de 9 pasan 5 a final de 15 | 3 | 10:00 | 30:00   |
|       | 30-34   | 15           | Final de 15                                  | 1 | 10:00 | 10:00   |
|       | 35-39   | 7            | Final de 16                                  | 1 | 10:00 | 10:00   |
|       | 40-44   | 9            |  |   |       |         |
|       | 45-49   | 19           |  |   |       |         |
|       | 55-59   | 22           | Final de 19                                  | 1 | 10:00 | 10:00   |
|       | 60-64   | 12           | Final de 22                                  | 1 | 10:00 | 10:00   |
|       | 65-69   | 1            | Final de 14                                  | 1 | 10:00 | 10:00   |
|       | 70 - 74 | 1            |  |   |       |         |
|       | 50-54   | 29           |  |   |       |         |
|       |         |              | Final de 15                                  | 1 | 10:00 | 10:00   |
|       |         |              |  |   | 10:00 | 1:30:00 |

| 16:28 | 9         | Relevo Ski Maculino (de 3 competidores) |             |   |       |         |
|-------|-----------|---|-------------|---|-------|---------|
|       | R3 - +90  | 2                                       | Final de 13 | 1 | 30:00 | 30:00   |
|       | R3 - +110 | 4                                       |             |   |       |         |
|       | R3 - +130 | 7                                       |             |   |       |         |
|       | R3 - +150 | 10                                      | Final de 16 | 1 | 30:00 | 30:00   |
|       | R3 - +170 | 6                                       |             |   |       |         |
|       |           |   |             |   | 10:00 | 1:00:00 |

| 17:38 | 7     | Rescate con Tabla Masculino (2 competidores) |               |   |       |         |
|-------|-------|--|---------------|---|-------|---------|
|       | 30-34 | 9  | Final de 9    | 1 | 15:00 | 15:00   |
|       | 35-39 | 7  | Final de 9    | 1 | 15:00 | 15:00   |
|       | 65-69 | 2  |               |   |       |         |
|       | 40-44 | 6  | Final de 10*  | 1 | 15:00 | 15:00   |
|       | 60-64 | 4  | Final de 10 * | 1 | 15:00 | 15:00   |
|       | 45-49 | 10   |               |   |       |         |
|       | 50-54 | 10   |               |   |       |         |
|       | 55-59 | 11   |               |   |       |         |
|       |       |  | Final de 11 * | 1 | 15:00 | 15:00   |
|       |       |  |               |   | 15:00 | 1:30:00 |

| Hora inicio | nº | Evento   | (0) | (1) | (2) | (3)   | (4)     |
|-------------|----|--|-----|-----|-----|-------|---------|
| 7:30        |    | Entrega de pulseras y dorsales   |     |     |     | 40:00 | 0:40:00 |
| 8:10        |    | Marshalling Banderas (Resto de pruebas 20' antes de su horario previsto) |     |     |     | 20:00 | 1:00:00 |

(0) nº Inscritos (1) nº Series (2) Tiempo por Serie (3) Tiempo total prueba (4) Tiempo Acumulado

| Hora inicio | nº      | Evento   | (0)                                  | (1) | (2)   | (3)     | (4)     |
|-------------|---------|--|--------------------------------------|-----|-------|---------|---------|
| 8:30        |         | <b>Banderas Femenino (Eliminan de 2 en 2 hasta llegar a 8/9)</b> |                                      |     |       |         |         |
|             | 50-54   | 25   | 2 semis de 12/13, pasan 8 a final de | 5   | 04:00 | 20:00   |         |
|             | 30-34   | 5  | Final de 12                          | 9   | 04:00 | 36:00   |         |
|             | 60-64   | 7  |                                      |     |       |         |         |
|             | 35-39   | 6  | Final de 12                          | 9   | 04:00 | 36:00   |         |
|             | 40-44   | 6  |                                      |     |       |         |         |
|             | 45-49   | 12   | Final de 12                          | 9   | 04:00 | 36:00   |         |
|             | 55-59   | 12   | Final de 13                          | 10  | 04:00 | 40:00   |         |
|             | 70 - 74 | 1  |                                      |     |       |         |         |
|             | 50-54   | 25   | Final de 16                          | 11  | 04:00 | 0:44:00 | 3:32:00 |
| 12:02       |         |  |                                      |     |       | 10:00   |         |

| Hora inicio | nº      | Evento   | (0)  | (1) | (2)   | (3)     | (4)     |  |
|-------------|---------|--|--|-----|-------|---------|---------|--|
| 8:30        |         | <b>Banderas Masculino (Eliminan de 2 en 2 hasta llegar a 8/9) -CAMPO A -</b> |  |     |       |         |         |  |
|             | 45-49   | 27   | 2 semis de 13/14, pasan 8 a final de 16                                    | 6   | 04:00 | 0:24:00 |         |  |
|             | 30-34   | 16   | Final de 16  | 11  | 04:00 | 0:44:00 |         |  |
|             | 35-39   | 6  | Final de 6   | 5   | 04:00 | 0:20:00 |         |  |
|             | 40-44   | 12   | Final de 12  | 9   | 04:00 | 0:36:00 |         |  |
|             | 45-49   | 27   | Final de 16  | 11  | 04:00 | 0:44:00 | 2:48:00 |  |
|             |         |  | <b>Banderas Masculino (Eliminan de 2 en 2 hasta llegar a 8) -CAMPO B -</b> |     |       |         |         |  |
|             | 50-54   | 20   | 2 semis de 10, pasan 8 a final de 16                                       | 2   | 04:00 | 0:08:00 |         |  |
|             | 55-59   | 22   | 2 semis de 11, pasan 8 a final de 16                                       | 4   | 04:00 | 0:16:00 |         |  |
|             | 60-64   | 10   | Final de 16  | 11  | 04:00 | 0:44:00 |         |  |
|             | 65-69   | 5  |  |     |       |         |         |  |
|             | 70 - 74 | 1  | Final de 16  | 11  | 04:00 | 0:44:00 |         |  |
|             | 50-54   | 20   |  |     |       |         |         |  |
|             | 55-59   | 22   | Final de 16  | 11  | 04:00 | 0:44:00 | 2:36:00 |  |
| 11:18       |         |  |  |     |       |         |         |  |

## Zonas de Agua 1, Pruebas Femeninas

| Hora inicio | nº      | Evento                | (0)         | (1) | (2)   | (3)   | (4)     |
|-------------|---------|-----------------------|-------------|-----|-------|-------|---------|
| 12:12       |         | <b>Ocean Femenino</b> |             |     |       |       |         |
|             | 30-34   | 5                     | Final de 10 | 1   | 30:00 | 30:00 |         |
|             | 40-44   | 5                     |             |     |       |       |         |
|             | 45-49   | 10                    | Final de 13 | 1   | 30:00 | 30:00 |         |
|             | 60-64   | 2                     |             |     |       |       |         |
|             | 70 - 74 | 1                     | Final de 17 | 1   | 30:00 | 30:00 |         |
|             | 50-54   | 17                    |             |     |       |       |         |
|             | 35-39   | 7                     | Final de 15 | 1   | 30:00 | 30:00 | 2:00:00 |
|             | 55-59   | 8                     |             |     |       |       |         |

| Hora inicio | nº        | Evento   | (0)         | (1) | (2)   | (3)   | (4)     |
|-------------|-----------|--|-------------|-----|-------|-------|---------|
| 14:12       |           | <b>Relevo Ocean Femenino (de 4 competidores)</b> |             |     |       |       |         |
|             | R3 - +110 | 5  | Final de 10 | 1   | 30:00 | 30:00 |         |
|             | R3 - +130 | 5  |             |     |       |       |         |
|             | R3 - +150 | 7  | Final de 10 | 1   | 30:00 | 30:00 | 1:00:00 |
|             | R3 - +170 | 3  |             |     |       |       |         |

| Hora inicio | nº        | Evento   | (0)         | (1) | (2)   | (3)   | (4)     |
|-------------|-----------|--|-------------|-----|-------|-------|---------|
| 15:12       |           | <b>Relevo Tabla Femenino (de 3 competidores)</b> |             |     |       |       |         |
|             | R3 - +90  | 1  | Final de 9  | 1   | 30:00 | 30:00 |         |
|             | R3 - +110 | 3  |             |     |       |       |         |
|             | R3 - +130 | 5  | Final de 11 | 1   | 30:00 | 30:00 | 1:00:00 |
|             | R3 - +150 | 9  |             |     |       |       |         |
|             | R3 - +170 | 3  |             |     |       |       |         |

Si es posible, una vez terminen los femeninos, distribuir en dos zonas

|       |  |                          |  |  |  |       |  |
|-------|--|--------------------------|--|--|--|-------|--|
| 17:28 |  | Entrega premiaciones     |  |  |  | 10:00 |  |
| 17:38 |  | <b>FIN DE LA JORNADA</b> |  |  |  |       |  |

## Zonas de Agua 2 Pruebas Masculinas

| Hora inicio | nº        | Evento  | (0)         | (1) | (2)   | (3)   | (4)     |
|-------------|-----------|---|-------------|-----|-------|-------|---------|
| 11:28       |           | <b>Relevo Tabla Masculino (de 3 competidores)</b> |             |     |       |       |         |
|             | R3 - +90  | 3   | Final de 15 | 1   | 30:00 | 30:00 |         |
|             | R3 - +150 | 12  |             |     |       |       |         |
|             | R3 - +110 | 6   | Final de 16 | 1   | 30:00 | 30:00 |         |
|             | R3 - +130 | 10  |             |     |       |       |         |
|             | R3 - +170 | 7   | Final de 7  | 1   | 30:00 | 30:00 | 1:30:00 |

| Hora inicio | nº      | Evento                 | (0)                                  | (1) | (2)   | (3)     | (4)     |
|-------------|---------|------------------------|--------------------------------------|-----|-------|---------|---------|
| 12:58       |         | <b>Ocean Masculino</b> |                                      |     |       |         |         |
|             | 50-54   | 26                     | 2 semis de 13, pasan 8 a final de 16 | 2   | 30:00 | 1:00:00 |         |
|             | 30-34   | 14                     | Final de 14                          | 1   | 30:00 | 30:00   |         |
|             | 35-39   | 7                      | Final de 16                          | 1   | 30:00 | 30:00   |         |
|             | 40-44   | 9                      |                                      |     |       |         |         |
|             | 45-49   | 18                     | Final de 18                          | 1   | 30:00 | 30:00   |         |
|             | 55-59   | 22                     | Final de 22                          | 1   | 30:00 | 30:00   |         |
|             | 60-64   | 10                     | Final de 11                          | 1   | 30:00 | 30:00   |         |
|             | 70 - 74 | 1                      |                                      |     |       |         |         |
|             | 50-54   | 26                     | Final de 16                          | 1   | 30:00 | 30:00   | 3:00:00 |

| Hora inicio | nº        | Evento  | (0)         | (1) | (2)   | (3)   | (4)     |
|-------------|-----------|---|-------------|-----|-------|-------|---------|
| 15:58       |           | <b>Relevo Ocean Masculino (de 4 competidores)</b> |             |     |       |       |         |
|             | R3 - +90  | 3   | Final de 12 | 1   | 30:00 | 30:00 |         |
|             | R3 - +170 | 9   |             |     |       |       |         |
|             | R3 - +110 | 7   | Final de 15 | 1   | 30:00 | 30:00 |         |
|             | R3 - +130 | 8   |             |     |       |       |         |
|             | R3 - +150 | 11  | Final de 11 | 1   | 30:00 | 30:00 | 1:30:00 |