



**Listas de Inscritos**  
**III Campeonato master de larga distancia**  
**Valladolid**  
**29 sep. 2019 (Playa)**

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**12 Km de ski**

**Master 30-39 (Femenino)**

| Socorrista / Lifeguard         | Año/Year | Club / Team               | Marca/Time |
|--------------------------------|----------|---------------------------|------------|
| 1 GARCIA CARBALLO, CRISTINA    | 1982     | C. D. Salvamento Dragones | 00:00:01   |
| 2 VALDERRABANO IGLESIAS, MARTA | 1982     | C. D. Salvamento Dragones | 00:00:05   |
| 3 GARCIA DE LA PUENTE, AZUCENA | 1981     | Club Deportivo Oca S.O.S  |            |
| 4 RAMIREZ DIEZ, MARIA          | 1986     | C. D. Salvamento Dragones |            |

**12 Km de ski**

**Master 30-39 (Masculino)**

| Socorrista / Lifeguard     | Año/Year | Club / Team                  | Marca/Time |
|----------------------------|----------|------------------------------|------------|
| 1 DIAZ ALVARADO, GONZALO   | 1980     | Club Tabira Igeriketa Taldea | 00:00:04   |
| 2 DOMINGUEZ POZO, DAVID    | 1983     | Club Deportivo Oca S.O.S     | 00:00:06   |
| 3 VAQUERO MARTÍN, JAIME    | 1981     | Club Deportivo Oca S.O.S     |            |
| 4 ELOLA SISNIEGA, LUIS     | 1980     | Club A.C.N. Marisma          |            |
| 5 MANZANARES ARIAS, JORGE  | 1983     | Club Salvamento Sada - SASA  |            |
| 6 ORGEIRA SEOANE, DAVID    | 1984     | Club Salvamento Sada - SASA  |            |
| 7 APARICIO IGLESIAS, DIEGO | 1983     | Club Deportivo Oca S.O.S     |            |

**6 Km tabla**

**Master 30-39 (Femenino)**

| Socorrista / Lifeguard         | Año/Year | Club / Team               | Marca/Time |
|--------------------------------|----------|---------------------------|------------|
| 1 GARCIA CARBALLO, CRISTINA    | 1982     | C. D. Salvamento Dragones | 00:00:04   |
| 2 GARCIA DE LA PUENTE, AZUCENA | 1981     | Club Deportivo Oca S.O.S  | 00:00:05   |
| 3 VALDERRABANO IGLESIAS, MARTA | 1982     | C. D. Salvamento Dragones | 00:00:09   |
| 4 RAMIREZ DIEZ, MARIA          | 1986     | C. D. Salvamento Dragones |            |

**6 Km tabla**

**Master 30-39 (Masculino)**

| Socorrista / Lifeguard     | Año/Year | Club / Team                  | Marca/Time |
|----------------------------|----------|------------------------------|------------|
| 1 DIAZ ALVARADO, GONZALO   | 1980     | Club Tabira Igeriketa Taldea | 00:00:03   |
| 2 APARICIO IGLESIAS, DIEGO | 1983     | Club Deportivo Oca S.O.S     | 00:00:06   |
| 3 ELOLA SISNIEGA, LUIS     | 1980     | Club A.C.N. Marisma          | 00:00:07   |
| 4 DOMINGUEZ POZO, DAVID    | 1983     | Club Deportivo Oca S.O.S     |            |
| 5 VAQUERO MARTÍN, JAIME    | 1981     | Club Deportivo Oca S.O.S     |            |
| 6 MANZANARES ARIAS, JORGE  | 1983     | Club Salvamento Sada - SASA  |            |

**8 Km de ski**

**Master 40-49 (Femenino)**

| Socorrista / Lifeguard        | Año/Year | Club / Team               | Marca/Time |
|-------------------------------|----------|---------------------------|------------|
| 1 VILLAMUERA DEL POZO, MONICA | 1976     | C. D. Salvamento Dragones | 00:00:01   |
| 2 ANDRES GONZALEZ, ANA MARIA  | 1970     | C. D. Salvamento Dragones | 00:00:10   |
| 3 ALONSO GIL, BEGOÑA          | 1978     | Club Aqua SOS             | 00:00:13   |
| 4 ESPINA ASENSIO, ROCIO       | 1974     | Club Deportivo Oca S.O.S  |            |
| 5 SOTO SOLER, MARIA JOSE      | 1971     | Club A.C.N. Marisma       |            |

**8 Km de ski**

**Master 40-49 (Masculino)**

| Socorrista / Lifeguard         | Año/Year | Club / Team                 | Marca/Time |
|--------------------------------|----------|-----------------------------|------------|
| 1 VAQUERO PÉREZ, OSCAR         | 1973     | C. D. Salvamento Dragones   | 00:00:01   |
| 2 PEREZ CRESPO, RAUL           | 1978     | C. D. Salvamento Dragones   | 00:00:03   |
| 3 RODRIGUEZ ZARAGOZA, ARECIO   | 1972     | C. D. Salvamento Dragones   | 00:00:03   |
| 4 GIL MANSO, LUIS              | 1977     | C. D. Salvamento Dragones   | 00:00:05   |
| 5 SUÁREZ FERNÁNDEZ, CELSO      | 1970     | Club Salvamento Sada - SASA |            |
| 6 RESINES GIL, JUAN            | 1978     | Club A.C.N. Marisma         |            |
| 7 MARTINEZ GONZALEZ, ELISEO    | 1977     | Club Deportivo Oca S.O.S    |            |
| 8 ADAN CALVO, FRANCISCO JAVIER | 1970     | Club Deportivo Oca S.O.S    |            |



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## 4 Km de tabla

## Master 40-49 (Femenino)

| Socorrista / Lifeguard        | Año/Year | Club / Team               | Marca/Time |
|-------------------------------|----------|---------------------------|------------|
| 1 VILLAMUERA DEL POZO, MONICA | 1976     | C. D. Salvamento Dragones | 00:00:01   |
| 2 ALONSO GIL, BEGOÑA          | 1978     | Club Aqua SOS             | 00:00:13   |
| 3 ESPINA ASENSIO , ROCIO      | 1974     | Club Deportivo Oca S.O.S  | 00:00:18   |
| 4 GUEMES VEGUILLAS, ELENA     | 1979     | Club A.C.N. Marisma       |            |
| 5 SOTO SOLER, MARIA JOSE      | 1971     | Club A.C.N. Marisma       |            |
| 6 PEÑA ARAUZO, MARTA          | 1979     | Club Aqua SOS             |            |

## 4 Km de tabla

## Master 40-49 (Masculino)

| Socorrista / Lifeguard       | Año/Year | Club / Team                 | Marca/Time |
|------------------------------|----------|-----------------------------|------------|
| 1 VAQUERO PÉREZ, OSCAR       | 1973     | C. D. Salvamento Dragones   | 00:00:01   |
| 2 GIL MANSO, LUIS            | 1977     | C. D. Salvamento Dragones   | 00:00:02   |
| 3 RODRIGUEZ ZARAGOZA, ARECIO | 1972     | C. D. Salvamento Dragones   | 00:00:03   |
| 4 ARES CASTRO, JAIME         | 1970     | Club Salvamento Sada - SASA | 00:00:05   |
| 5 PEREZ CRESPO, RAUL         | 1978     | C. D. Salvamento Dragones   | 00:00:08   |
| 6 PÉREZ ALVARÍÑO, DAVID      | 1971     | Club Salvamento Sada - SASA | 00:00:15   |
| 7 CALVETE GARCÍA, EUGENIO    | 1971     | Club Salvamento Sada - SASA | 00:00:17   |
| 8 FRIAS FUENTES, DAVID       | 1972     | Club A.C.N. Marisma         | 00:00:19   |
| 9 RESINES GIL, JUAN          | 1978     | Club A.C.N. Marisma         |            |

## 6 Km de ski

## Master 50-59 (Femenino)

| Socorrista / Lifeguard             | Año/Year | Club / Team               | Marca/Time |
|------------------------------------|----------|---------------------------|------------|
| 1 RODRIGUEZ ROMERO, ANA MARIA      | 1964     | C. D. Salvamento Dragones |            |
| 2 APELLANIZ ALBENIZ, Mª INMACULADA | 1959     | Club Aqua SOS             |            |
| 3 ARRIBAS PAMPLIEGA, FELISA        | 1953     | Club Aqua SOS             |            |
| 4 PUEYO GARAÑA, NATALIA ROSARIO    | 1969     | Club A.C.N. Marisma       |            |
| 5 ZUBIETA HILLENUS, CATALINA       | 1954     | Club A.C.N. Marisma       |            |

## 6 Km de ski

## Master 50-59 (Masculino)

| Socorrista / Lifeguard             | Año/Year | Club / Team                                | Marca/Time |
|------------------------------------|----------|--------------------------------------------|------------|
| 1 GARCIA RODRIGUEZ, SERAFIN        | 1964     | C. D. Salvamento Dragones                  | 00:00:02   |
| 2 BARTOLOME LOZANO, ERNESTO JOSE   | 1968     | C. D. Salvamento Dragones                  | 00:00:03   |
| 3 QUINDOS MERINO, VALERIANO        | 1948     | Club Deportivo Oca S.O.S                   | 00:00:03   |
| 4 RATON BLANCO, LUIS JAVIER        | 1954     | C. D. Salvamento Dragones                  | 00:00:04   |
| 5 BETHENCOURT IGLESIAS, SERGIO     | 1963     | Club Salvamento Acuático Pontevedra - SAPO | 00:00:05   |
| 6 OLAVARRIETA CASTILLO, LUIS       | 1966     | Club Salvamento Acuático Pontevedra - SAPO | 00:00:06   |
| 7 MARTIN LAPRESA, JOSE LUIS        | 1966     | Club Deportivo Oca S.O.S                   | 00:00:10   |
| 8 FERNANDEZ FERNANDEZ, ANDRES      | 1969     | Club Salvamento Sada - SASA                |            |
| 9 CELESTINO SAN JOSÉ, LUIS ALBERTO | 1967     | Club Deportivo UNIÓN ESGUEVA SOSVA         |            |

## 3 Km de tabla

## Master 50-59 (Femenino)

| Socorrista / Lifeguard                    | Año/Year | Club / Team               | Marca/Time |
|-------------------------------------------|----------|---------------------------|------------|
| 1 ESCATLLAR FERNANDEZ DE MISA, CONCEPCION | 1966     | Club Aqua SOS             | 00:00:01   |
| 2 DILLEY, LIZ                             | 1967     | Club A.C.N. Marisma       | 00:00:05   |
| 3 RODRIGUEZ ROMERO, ANA MARIA             | 1964     | C. D. Salvamento Dragones | 00:00:10   |
| 4 APELLANIZ ALBENIZ, Mª INMACULADA        | 1959     | Club Aqua SOS             |            |
| 5 ARAUZO RODRIGUEZ, CONCEPCION            | 1948     | Club Aqua SOS             |            |
| 6 ZUBIETA HILLENUS, CATALINA              | 1954     | Club A.C.N. Marisma       |            |

## 3 Km de tabla

## Master 50-59 (Masculino)

| Socorrista / Lifeguard           | Año/Year | Club / Team                                | Marca/Time |
|----------------------------------|----------|--------------------------------------------|------------|
| 1 BETHENCOURT IGLESIAS, SERGIO   | 1963     | Club Salvamento Acuático Pontevedra - SAPO | 00:00:01   |
| 2 MARTIN LAPRESA, JOSE LUIS      | 1966     | Club Deportivo Oca S.O.S                   | 00:00:01   |
| 3 GARCIA RODRIGUEZ, SERAFIN      | 1964     | C. D. Salvamento Dragones                  | 00:00:03   |
| 4 QUINDOS MERINO, VALERIANO      | 1948     | Club Deportivo Oca S.O.S                   | 00:00:06   |
| 5 ABASCAL CASTILLO, JOSE MANUEL  | 1960     | Club A.C.N. Marisma                        | 00:00:12   |
| 6 RATON BLANCO, LUIS JAVIER      | 1954     | C. D. Salvamento Dragones                  | 00:00:13   |
| 7 BARTOLOME LOZANO, ERNESTO JOSE | 1968     | C. D. Salvamento Dragones                  | 00:00:15   |
| 8 OLAVARRIETA CASTILLO, LUIS     | 1966     | Club Salvamento Acuático Pontevedra - SAPO |            |
| 9 FERNANDEZ FERNANDEZ, ANDRES    | 1969     | Club Salvamento Sada - SASA                |            |

## III Campeonato master de larga distancia

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## Relevo ocean larga distancia

MasterR4 +140 (Femenino)

## Club / Team

- 
- 1 C. D. Salvamento Dragones
  - 2 Club Aqua SOS

## Relevo ocean larga distancia

MasterR4 +170 (Femenino)

## Club / Team

- 
- 1 Club Deportivo Oca S.O.S
  - 2 Club A.C.N. Marisma

## Relevo ocean larga distancia

MasterR4 +170 (Masculino)

## Club / Team

- 
- 1 C. D. Salvamento Dragones
  - 2 Club Aqua SOS
  - 3 Club Salvamento Sada - SASA
  - 4 Club Deportivo Oca S.O.S
  - 5 Club A.C.N. Marisma

## Relevo ocean larga distancia

MasterR4 +200 (Masculino)

## Club / Team

- 
- 1 C. D. Salvamento Dragones
  - 2 Club Deportivo Oca S.O.S

## Relevo ocean larga distancia

MasterR4 +230 (Femenino)

## Club / Team

- 
- 1 Club Aqua SOS